

TROXELL LAW OFFICE PLLC

5205 LEESEBURG PIKE
SUITE 1404
FALLS CHURCH, VIRGINIA 22041

BRUCE H. TROXELL

JOHN R. GUICE JR. *

* MEMBER OF BARS OTHER THAN VA.

(703) 575-2711
FAX (703) 575-2707

I hereby certify that this correspondence is being facsimile transmitted to the United States Patent and Trademark Office. Fax No. **(703) 305-5915** on June 5, 2003.

 (signature)
Marlis K. Glover

The Commissioner is hereby authorized to charge any fees which may be required for the filing of this document to Deposit Account No. 501874.

FACSIMILE COMMUNICATION

TO: Examiner A. Kashnikow FROM: Bruce H. Troxell
GAR 3752 - USPTO

DATE: June 5, 2003 PAGE: 1 of 15

RE: U.S. Patent Application — CHEN
Serial No.: 09/813,314
Title: MUSCLE STRENGTHENING METHOD AND APPARATUS
Attorney Docket: BHT/3103-89

XXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXX
This communication contains attorney/client confidential and privileged information that is intended to be received and read only by the party named as addressee. No one else is entitled to read, use, copy or disseminate this communication or the information contained herein. If you are not the addressee (or the addressee's employee, agent or legal representative), contact us immediately by telephone or facsimile and arrangements will be made for the return to us of this communication. Thank you.
XXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXX

MESSAGE:

In response to your telephone request, transmitted herewith are SIGNED copies of the documents submitted to the USPTO on May 16, 2003 in the above-identified application.

**IF TRANSMISSION IS NOT COMPLETE
PLEASE CALL 703/575-2711 OR FAX 703/575-2707**

Attorney Docket: BHT/3103-89

IN THE UNITED STATES PATENT AND TRADEMARK OFFICE

Applicant : CHEN
Application No. : 09/813,314
Filed : March 21, 2001
Title : MUSCLE STRENGTHENING METHOD
AND APPARATUS
Group Art Unit : 3764
Examiner : G. Richman
Docket No. : BHT/3103-89

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JUN 05 2003

TECHNOLOGY CENTER 3700

Honorable Commissioner of Patents
Washington, DC 20231

TRANSMITTAL COVER SHEET

Sir:

Transmitted herewith for filing are the following:

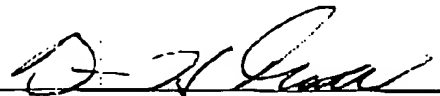
1. REQUEST TO WITHDRAW HOLDING OF ABANDONMENT.
2. Copies of March 19, 2003 Amendment, Transmittal Cover Sheet, Petition for Three-Month Extension of Time; and Date-Stamped Receipt.

The Commissioner is hereby authorized to charge any fees which may be required for the filing of this document to Deposit Account No. 501874.

Respectfully submitted,

Date: May 16, 2003

By:


Bruce H. Troxell
Reg. No. 26,592

TROXELL LAW OFFICE PLLC
5205 Leesburg Pike, Suite 1404
Falls Church, Virginia 22041
Telephone: 703 575-2711
Telefax: 703 575-2707

Attorney Docket: BHT/3103-89

IN THE UNITED STATES PATENT AND TRADEMARK OFFICE

Applicant : CHEN
Application No. : 09/813,314
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TECHNOLOGY CENTER 3700

Honorable Commissioner of Patents
Washington, DC 20231

TRANSMITTAL COVER SHEET

Sir:

Transmitted herewith for filing are the following:

1. AMENDMENT - in response to Office Action of September 24, 2002, along with a version with markings indicating changes thereto.
2. Petition for Three-Month Extension of Time and check for \$465.

The Commissioner is hereby authorized to charge any fees which may be required for the filing of this document to Deposit Account No. 501874.

Respectfully submitted,

Date: March 19, 2003By: 

Bruce H. Troxell
Reg. No. 26,592

TROXELL LAW OFFICE PLLC
5205 Leesburg Pike, Suite 1404
Falls Church, Virginia 22041
Telephone: 703 575-2711
Telefax: 703 575-2707

s/c 9-19-03

CLIENT: SUNRISE INT'L
Due Date: March 24, 2003

Attorney Docket: BHT/3103-89
Initials: BHT/jlw

Applicant : CHEN
Application No. : 09/813,314
Filed : March 21, 2001

Title : MUSCLE STRENGTHENING METHOD
AND APPARATUS

Group Art Unit : 3764

Examiner : G. Richman

Docket No. : BHT/3103-89

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JUN 05 2003

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Transmitted herewith for filing are the following.

1. TRANSMITTAL COVER SHEET.
2. AMENDMENT - in response to Office Action of September 24, 2002, along with a version with markings indicating changes thereto.
3. Petition for Three-Month Extension of Time and check No. 7197 for \$465.00.

Receipt is hereby acknowledged by the U.S. Patent and Trademark Office of the above-identified papers.

Attorney Docket: BHT/3103-89

IN THE UNITED STATES PATENT AND TRADEMARK OFFICE

Applicant : CHEN
Application No. : 09/813,314
Filed : March 21, 2001
Title : MUSCLE STRENGTHENING METHOD
AND APPARATUS
Group Art Unit : 3764
Examiner : G. Richman
Docket No. : BHT/3103-89

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JUN 05 2003

TECHNOLOGY CENTER 3700

Commissioner for Patents
P.O. Box 1450
Alexandria, VA 22313-1450

REQUEST TO WITHDRAW HOLDING OF ABANDONMENT

Sir:

In response to the Notice of Abandonment of May 12, 2003, Applicants submit the following remarks.

Application No. 09/813,314

REMARKS

The undersigned respectfully requests the Notice of Abandonment mailed on May 12, 2003 to be withdrawn. According to the Notice of Abandonment, Applicants did not file a timely reply to the Office Action mailed on September 24, 2002.

The undersigned submitted a response to the Office Action mailed on September 24, 2002, along with a Petition for a Three-Month Extension of Time and a check for \$465. Authorization was also made to charge any fees to Deposit Account No. 501874. Copies of the documents submitted on March 19, 2003 are attached hereto and include a receipt card bearing the date-stamp of the Patent and Trademark Office Mailroom.

A telephone call with Examiner Richman on May 14, 2003 indicated that the documents filed on March 19, 2003 were not received by the Examiner.

In view of the timely filing of the response to the outstanding Office Action, Applicants request the holding of abandonment be withdrawn.

Should any points remain in issue, it is urged that Applicants' local attorney be contacted at the exchange listed below.

Respectfully submitted,

Date: May 16, 2003

By: 

Bruce H. Troxell
Reg. No. 26,592

TROXELL LAW OFFICE PLLC
5205 Leesburg Pike, Suite 1404
Falls Church, Virginia 22041
Telephone: 703 575-2711
Telefax: 703 575-2707